

Contract

Safe Internet Use

NAME OF YOUTH : _____ DATE: _____

Read this contract with your parent(s)/guardian(s) and then initial each item to show you understand and agree on the rules for safe internet use.

- A. Having a computer or cell phone is a privilege and I must use them appropriately. **INITIAL:** ____
- B. I will be careful about the pictures and texts that I send others. They are not private. They could be posted online or shared with others. **INITIAL:** ____
- C. If someone sends me pictures or texts that make me feel uncomfortable, I know I can talk to a **safe adult** about it. **INITIAL:** _____ **MY SAFE ADULT IS:** _____
- D. To access the Internet, I agree with my parent(s)/guardian to follow the Rules below: **INITIAL** ____

1. I agree to limit my texting (sending and receiving) and online activity to _____ number of minutes per day.
2. I will turn my computer and cell phone off by ____ PM each night.
3. I realize pictures I send to friends with my electronic devices are not private. Even if they promise not to share them, they might, so I will be careful to send only appropriate pictures.
4. I know I can talk to my parent(s)/guardian(s) if I see, read or receive anything on my computer or phone that I do not like or that makes me feel uncomfortable or threatened.
5. I understand that my parent(s)/guardian(s) will be monitoring my computer and cell phone use.
6. I will make sure my cell phone is turned off during school hours so I am not distracted in class.
7. Whenever I can go on the Internet, I will follow the rules set out in my this Contract.
8. I understand that if I cannot follow these rules, I will lose the privilege of using my computer or cell phone - even if I help pay for my cell phone plan.

I, _____, agree to follow all of the above rules.

SIGNED BY NAME OF YOUTH: _____ **DATE:** _____

For the parent(s)/guardian(s):

I, _____, promise to help you follow these rules.



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